



## Colorado Elite Inline Hockey Federation – Rocky Mountain Talons 2009–2010 Substance Abuse Policy

### **COLORADO ELITE INLINE HOCKEY FEDERATION 2-MAR-10 Zero Tolerance Policy for Drugs, Alcohol and Substance Abuse**

This document is an adopted policy of the Colorado Elite Inline Hockey Federation and the Rocky Mountain Talons Elite and Youth Hockey programs.

#### **PHILOSOPHY**

The Colorado Elite Inline Hockey Federation believes that hockey is a constructive influence for its participants and that it is our mission during suspected substance or physical abuse events to provide a safe environment for all while providing suspended participants with the opportunity to practice and benefit from a supportive environment while they are getting help.

#### **DEFINITIONS**

**CEIHF supported activity** - for the purposes of this policy; this includes any practice, game, scrimmage, meeting and social event sponsored by the Colorado Elite Inline Hockey Federation either at or away from the Parker Fieldhouse in Parker, Colorado.

**SUBSTANCE ABUSE** - *It is the considered judgment of the CEIHF Board of Directors that consumption/use/abuse of mood altering substances is detrimental to a healthy state of mind, body, and spirit in an athletic participant.....Therefore with the best interests of its participants in mind, CEIHF (Talons Hockey) ... prohibit(s) use by any participant of mood altering substances during active participation in its programs, and , upon discovery of any violation, shall take action to remove the participant from participation in it's programs for a reasonable period of time.*

*Further, CEIHF (Talons Hockey) ... hereby recommend(s) that each and all of its teams, associations, programs and affiliates adopt reasonable regulations concerning the prohibition of consumption/use/abuse of mood altering substances, and a reasonable enforcement procedure thereafter, in order to maintain the health of our athlete participants, the integrity of our programs, and the eligibility of all of our competitors for national, international, and AIHL competition.*

*For purposes of this policy, the words “mood altering substances” shall include the following:*

- 1) Intoxicating beverages, including but not limited to alcohol.*
- 2) Non prescription or prescribed controlled substances.*
- 3) Prescription or prescribed controlled substances when used to an excess in violation of doctors orders, or to produce the state of intoxication in the participant.*

**This CEIHF policy includes** the above CEIHF defined consumption/use/abuse of “mood altering substances” and in addition includes solvents, and those substances possessed, sold and/or used that are represented to be controlled or illegal substances. Additionally this policy will include being under the influence of, possessing, selling or giving away alcohol, illegal drugs or drug paraphernalia at any CEIHF activity. In the case of a minor participant this also includes tobacco usage. **This policy does not define as misuse or abuse the use of alcohol or tobacco by adults of legal age at a CEIHF function where there are no youth participants present.**



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### REPORTING INCIDENTS

Any coach, player, referee, adult, manager, board member or other hockey participant has the right to report suspected drug, alcohol or substance abuse by any player or adult participant (including parents or fans of the hockey activity) through the CEIHF chain of command to be dealt with according to this policy.

**IF AT ANY TIME THE SAFETY OF THE SUSPECTED INDIVIDUAL OR THE REPORTING INDIVIDUAL IS IN DOUBT, CALL THE LOCAL POLICE DEPARTMENT AT 911.**

**CEIHF Chain of Command**, to be followed in order, in case of an incident or suspected case of abuse:

1. Address concern to the individual if you feel safe doing so and give them the chance to self report to their team coach.
2. Address concern to a team coach.
3. Address concern to CEIHF/Talons Head Coach.
4. Address concern to a CEIHF Executive Committee Member.
5. Address concern to a CEIHF Executive Committee President.
6. Address concern to the AAU/AIHL Hockey Board President.

**Immediate Removal from CEIHF Activity** - Any participant (player or adult) suspected of drug, alcohol or substance abuse (not already covered in the AIHL Rule Book) shall be removed immediately from the hockey activity. The participant shall not return to the hockey activity until they are cleared by the appropriate level in the chain of command.

**Self-Referral** - If a participant self-refers to the coach (or higher in the chain of command) prior to a reported incident, it will not be considered a first offense and if the participant has taken corrective actions defined as entering into a No-Use Contract, Substance Intervention Plan, or Written Proof of Professional Counseling or has taken other such active steps in good faith to obtain one of the above or discontinue with the destructive behavior, the participant will not be removed from the activity or suspended for the first self-report. A written document detailing the self-report and actions taken must be provided to the CEIHF Executive Committee.

### HEARINGS

**CEIHF Executive Committee Hearing**- If it is determined through the chain of command that the event/incident/suspected abuse requires the attention of the CEIHF Executive Committee the following shall take place:

- The CEIHF Executive Committee will appoint a substance /physical abuse incident manager to handle each individual case. This incident manager should be neutral to the parties involved and have professional experience in the area of substance abuse if possible.
- A hearing will be called by the incident manager within seven days of the notification to the Executive Committee and that hearing shall include at least two other non-involved members of the CEIHF Executive Committee, the participant and a family member if the participant is a minor.
- The circumstances surrounding the event will be reviewed in that meeting.



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- If cause is found to reasonably believe that the individual has a problem with substance abuse then the board will consider the following three actions and make a decision whether to implement each one and to what extent:

Period of suspension per consequence guidelines given below:

- Details of suspension - whether or not the individual can continue to practice and whether or not they are allowed to attend games. During a suspension no individual will be allowed to play in games.
- Need for a Substance Intervention Plan, No-Use Contract, Written Proof of Professional Counseling or other such formal plan
- To be prepared at the cost of the suspected individual and may be required to be signed by a certified or recognized professional, the individual and a family member if the individual is a minor.
- A letter detailing the details of the incident and the required actions will be sent to the participant and the coach with a copy to the CEIHF Executive Committee.

**Recommended Consequences** - The following are RECOMMENDED guidelines for the Incident Manager to consider recognizing that each incident is best managed individually to match the incident to the appropriate level of consequences. It shall be understood by all CEIHF participants that it is impossible to have regulations for every possible situation. CEIHF coaches, the incident manager and the Executive Committee members shall use discretionary judgment in dealing with any situations not covered by these written guidelines and shall err in favor of the safety of the participant and affected personnel.

### **General Tobacco Use Consequences:**

- First Offense – suspension from one game/event and requirement of a “No-Use” Contract.
- Second and Subsequent Offenses– suspension from games for 30 days from the date of infraction. The participant if a player will be allowed to practice and attend games but not play in games.

### **General Consequences for Use or Abuse of Alcohol, Illegal Drugs, Controlled Substances & Possession, Sale, Dealing, Trading, Manufacturing of controlled substances or Drug Paraphernalia:**

- First Offense – suspension from games for 30 days from the date of infraction. The participant, if a player, MAY be allowed to practice and attend games but not play in games.
- Second Offense – suspension from games for 90 days from the date of infraction. The participant, if a player, MAY be allowed to practice and attend games but not play in games.
- Third Offense – participation no longer allowed in CEIHF activities for a period of one or more years at discretion of the CEIHF Executive Committee.



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- REMOVE AND RETURN THIS SECTION TO TEAM MANAGER OR EXECUTIVE COMMITTEE -

### Substance Abuse Policy Acknowledgement Form

I have reviewed and understand the CEIHF policy on zero tolerance for substance abuse. I understand that my participation in Colorado Elite Inline Hockey Federation Activities is contingent upon my following these guidelines.

\_\_\_\_\_  
Signature of participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of family member (if minor participant)

\_\_\_\_\_  
Date

***This signed form must be in the possession of the Team Manager or CEIHF Executive Committee prior to any CEIHF activity by the participant.***

**CEIHF FORM: Zero Tolerance- 1**